

## "Communicating with Confidence" with Dr Richard Feltham

Emma McArdle, Project & Operations Manager, Technical Services

## Technical Services Conference

- 5<sup>th</sup> annual conference, first established in 2017
- "Career Sustainability" as our key theme
- Over 125
  attendees from
  across the
  South/South-West







## Dr Richard Feltham

- Actor, Academic & Coach
- Collaborated before in 2019
- Focused on Thoughts, Behaviours, and Social aspects of confident communication
- Built on the previous Lego Serious Play session's outcomes















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